



# FACIAL MENU



HAUS OF SKIN

AESTHETICS | MEDICAL | CONCIERGE

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*Discover your best skin with*  
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## **Glass Skin Facial**

### **What's Involved?**

The Haus of Skin Glass Skin Facial involves an 8 step procedure, starting with a double cleanse - prepping your skin in preparation for active ingredients through a combination of cosmeceuticals to open and prep your pores.

We then apply a gentle peel followed by a medical grade Hyaluronic Acid Infusion to provide a firming boost.

We finish off with LED light therapy and a luxurious hydrating cream to leave you with porcelain like skin!

### **How can the effect be enhanced?**

Whilst our facials are excellent on their own, we can always provide good recommendations to help enhance their effect. many skin concerns are due to a lack of hydration and poor diet. Whilst our medical clinicians can discuss the various ways we can tackle any internal concerns and how these can impact your appearance, we can utilise the benefits of extra hydration using our hydrator IV to further the effects of this facial.

## **Red Carpet Facial**

### **What's Involved?**

The team at Haus of Skin prioritise delivering desired results for our patients with through non-invasive treatments with limited downtime.

We value discretion and subtlety of work, therefore our Red Carpet facial utilises the latest technology in cosmeceutical products and technology to have you red carpet ready in no time!

The core of this facial is the excellent Obagi Blue Peel Radiance - not on an excellent starting point for your longer but a quick refresher for your skin with no downtime.

We combine this with a Deep stem cell based products to provide a greater firming and lifting effect.

### **How can the effect be enhanced?**

As a express facial, and one to have you ready for your big event with no downtime or redness, we can combine this with some of our gentle skincare products, tinted SPF to help avoid the use of heavy make up post treatment, and why not combine this with one of our many IV infusions to give you the additional pick me up and energy boost to keep you not only looking your best, but feeling your best - inside and out!



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## **Haus of Skin Hydrafacial**

### **What Involved?**

Whilst Hydrafacial has become a household name, and a staple treatment for many, it's an excellent regular treatment to have which is effective, has minimal downtime and produces excellent results. At Haus of Skin we wanted to put our signature stamp on this already excellent treatment. traditionally a 6 step procedure, we have added a few extra steps and included medical grade products to help enhance the effects of this treatment.

We start with a double cleanse, toner, LED light therapy, and a toner to prep your skin. This is followed by a Detox Chemical Peel and use of a pore extractor to really clear out your pores, lymphatic drainage for the final extraction required. Once completely clear, a chemical exfoliant with a jet peel helps to not only clear the skin further but also rehydrate the skin. We finish off with a luxurious moisturiser and of course SPF!

### **How can we enhance this effect?**

The main premise of the Hydrafacial is to rehydrate the skin. We like to enhance the effects of our treatments, utilising our medical expertise. Not only do we recommend specific home care treatments, customised to your skin concerns, skin condition and current skincare regime. We can also combine this excellent facial with a range of additional treatments, in particular our IV infusions such as our hydrator or skin glow IV which includes a high dose of Glutathione - a potent skin brightener.

## **Acne Cleanse Facial**

### **What's involved?**

This excellent facial is our go to for acne patients. A regular complaint and common problem. Whilst attributed to a wide range of concerns, which our medical expertise allows us to tackle, we know our patients want to start their skincare journey to clear out breakouts early. Therefore we have produced a acne facial - a express facial, designed to really target acne breakouts through the use of the excellent Obagi Blue Peel Radiance, involving use of many products containing the core medications needed to tackle acne.

Once we have started this journey, our clinicians can advise on ideal home care, and further medical investigations we can do to help tackle to root cause of acne - following our philosophy at Haus of Skin - Beauty comes from within and targeting your internal workings is the core to a healthy and radiant external glow!

### **How can we enhance this effect?**

Acne is not a one treatment solution. it usually involves a multitude of factors, including diet and lifestyle. Our range of extensive diagnostic testing allows for us to review a wide range of test to determine potential causes of Acne. From food intolerance, to genetic testing, skin micro biome, gut microbiome and blood testing. The possibilities are limitless, the more information we have, the better we can help!



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## **Anti-Ageing Facial**

### **What is involved?**

A multi step process, utilising high end medical grade cosmetics as well as machine based technology to cleanse, prep the skin, open pores, infuse in products so they affect the layers of skin that is required for maximal effect. Our anti ageing facial involves a carefully selected range of excellent products, from an enzyme enriching mask, to vitamin C & E peptides, finishing up with a luxurious hydrator and anti ageing cream.

### **How can we enhance the effect?**

As we know, ageing is more than an external process. Whilst ageing is often determined by our outward appearance, it only paints a small part of the picture. At Haus of Skin, our medical expertise and experience in the longevity and biohacking field allows for us to delve much further and deeper into the ageing process. Our unique range of diagnostic tools allows us to paint a much more detailed picture of your biological health and wellbeing - from in depth blood testing to biological age and genetic testing, we can narrow down certain parameters that you ought to be targeting through lifestyle, diet, medication and/or our plethora of in house treatment options.

Our unique longevity programme is a mixture of regular diagnostic testing, IV infusions and high end skincare treatments. Our partnership with Calecim and their unique range of stem cell based creams we have found to be some of the best for combating the external signs of ageing.

## **Anti-Oxidant Facial**

### **What is involved?**

Our bespoke Anti oxidant facial is a multiple step, vitamin C rich facial, designed to tackle one of the core factors of ageing - antioxidant build up! Living in London can take its toll on your skin, using public transport, long hours and less sleep can have a huge impact on your body.

Our Anti-Oxidant facial looks to tackle the build up of antioxidants on your skin surface, causing blemishes and signs of ageing.

Use of high dose vitamin C serums and peptides, this soothing and also enriching facial is one for everyone who tackles the hustle and bustle of the city! At Haus of skin we like to create a sanctuary of escape from the city, a place of indulgence, relaxation, pampering and luxury. This facial is one of our signature facials and we not only take our time to help heal the skin, but also leave your skin prepared for the city until the next time you are with us!

### **How can we enhance this effect?**

Our medical background means we are keen to maximise the effects of all of our treatments. This facial is a perfect example, whilst antioxidants externally will certainly help the skin, we know that the main contributor towards poor skin health or ageing comes from within. Therefore, alongside this facial we can offer a wide range of Intravenous infusions and Intramuscular boosters, to help boost the anti oxidant effect. Utilising Vitamin C, Glutathione, COQ10 and a range of other vitamins, minerals, amino acids and nootropics allows for us to enhance this effect.



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## Lifting Facial

### What is Involved?

At Haus of Skin we have multiple modalities we can use to help achieve a lifting effect. One of the first signs of ageing that many want addressing is sagging skin. This is caused by a lack of elastin and collagen - which decreases as we naturally age. Whilst our lifting facial, harnessing the power of Hyaluronic acid and Microcurrent facials, can provide a nice lifting and tightening effect.

### How can this be enhanced?

There are numerous ways to enhance this effect. The cornerstone of our aesthetic treatments is the incredible Sofwave ultrasound face and neck lift, providing a lift, tightening with no downtime or redness and requiring only one treatment. This revolutionary treatment is one of our favourites and for anyone wanting a lifting effect, we highly recommend this as the first port of call.

This device stimulates elastin and collagen formation, whilst following up with a lifting facial can further enhance and speed up the effects of this treatment. Furthermore, our unique range of collagen supplementation, neck and décolletage creams as well as eye contouring and anti-ageing stem cell based creams will only further enhance the effects of not only Sofwave, but also this facial as a standalone treatment.

## Oxygenation Facial

### What is involved?

Following a deep cleanse and skin preparation, this unique facial itemises the power of oxygenation to infuse active products into the skin to provide hydration, plumpness and a afterglow. A soothing, yet enriching facial, combining cosmetics and technology to produce maximal effects.

### How can we enhance the effect?

As with all of our facials, we provide a in depth consultation, discussing your skincare needs, current regime and concerns. We discuss ways we can improve on this and how we can add in or take out products to help produce the best effect.

We have devised unique post care treatment protocols for each of our facials, and this is no different - customised to your own individual needs.



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