

# IV MENU

\$ HAUS OF SKIN

# AESTHETICS | MEDICAL | CONCIERGE

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Infusions

At Haus of Skin, we elevate wellness with our bespoke Intravenous Infusions, a pinnacle of tailored luxury and health enrichment. Delivered by skilled practitioners, these infusions are meticulously formulated to cater to diverse body systems and unique wellness goals.

Our IV Infusions redefine indulgence, offering an array of custom formulations designed for various purposes. Whether seeking a revitalising antidote for a quick recovery or an anti-aging infusion for longevity and radiance, each blend is crafted to perfection. The essence of our Intravenous Infusions lies in their ability to deliver a swift, targeted boost of vitamins and nutrients directly into your system.

Indulge in the epitome of personalised wellness through our Intravenous Infusions at Haus of Skin—a flawless fusion of opulence, scientific precision, and rejuvenation. Crafted to address your individual requirements, these infusions harness the potency of nourishment, amplifying vitality and well-being. Whether in our clinic or delivered to your preferred location—be it your home, hotel, private jet, yacht, or any place of convenience—immerse yourself in bespoke wellness with our Intravenous Infusions.

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## IV Infusion Protocols: prices from £75

Please note in clinic and at home prices may differ. Enquire with our team to book now.

# **Basic Hydration**

In Clinic: from £75 | Concierge: from £150

Embrace the purity and revitalising power of our Normal Saline IV Infusion—a foundational step towards elevating your vitality and restoring your body's equilibrium.

Our Normal Saline Infusion stands as a foundational pillar of hydration, reinvigorating your body at its most elemental level. This infusion, consisting solely of saline solution, embodies purity and simplicity, delivering a replenishing surge of electrolytes and fluids directly into your bloodstream. Its composition mirrors the natural fluids within your body, restoring balance and revitalising essential functions.

The Normal Saline Infusion serves as a cornerstone for comprehensive wellness, whether as a standalone hydration boost or as the base for more intricate infusion formulations. Its fundamental role in replenishing your body's essential fluids makes it an invaluable tool in revitalising and supporting your overall well-being.



#### The Athlete

In Clinic: from £125 | Concierge: from £200

"The Athlete" is a meticulously crafted fusion, an essential tool for athletes seeking unparalleled performance optimization. Designed to propel you beyond limits, it's the secret weapon for those striving for athletic excellence.

"The Athlete" isn't just an infusion; it's your key to unlocking unparalleled athletic potential. Each component is meticulously selected to synergistically elevate every facet of your performance. From replenishing vital electrolytes with Saline to optimising muscle function and recovery through Magnesium, Carnitine, and Glutamine—every element is a catalyst for your peak athletic prowess.

#### **Key Components for Optimal Performance:**

Saline: The foundation of hydration, replenishing essential fluids to support peak performance.

**Magnesium**: Vital for muscle function and recovery, enhancing endurance and minimising cramping during intense workouts.

**Carnitine**: Fuels energy production by aiding in the transport of fatty acids, optimising endurance, and boosting athletic performance.

**Glutamine**: Supports muscle recovery, minimises muscle breakdown, and enhances immune function for consistent peak performance.

**Taurine**: Boosts cardiovascular health, improves exercise capacity, and aids in muscle recovery post-workout

Lysine: Supports protein synthesis, essential for muscle repair and growth, ensuring optimal recovery.

**Tryptophan**: Enhances serotonin production, regulating mood and promoting better sleep for improved recovery.

**Ornithine**: Assists in reducing fatigue, supporting liver function, and improving physical performance.

**Piracetam**: Known for cognitive enhancement, this component aids in focus and mental clarity during workouts and competitions.

For those seeking an extra edge in cognitive function and endurance, "The Athlete" offers optional Nootropics, finely calibrated to elevate mental clarity, and fortify endurance:

**Mildronate:** Enhances stamina and endurance, aiding in better oxygen utilisation for sustained performance.

**Spermidine**: Promotes cellular health and longevity, optimising recovery and boosting overall vitality. **Actovegin**: Enhances cellular energy metabolism and oxygen utilisation, supporting endurance and recovery.

**Quercetin:** A powerful antioxidant, supporting cardiovascular health and aiding in exercise performance and recovery.



# Cognitive Enhancement

In Clinic: from £150 | Concierge: from £250

Enter the realm of enhanced mental prowess with our bespoke "Cognitive Enhancement". Crafted to elevate focus, mental clarity, and cognitive function, this infusion stands as a powerhouse, meticulously designed to ignite your mind's potential.

The "Cognitive Enhancement" infusion is a meticulously crafted elixir, a catalyst for unlocking your mental acuity and precision. Whether navigating complex tasks or seeking heightened mental performance, this infusion is your gateway to enhanced cognitive clarity and focus.

#### Key Components for Optimal Focus & Performance:

**Saline**: A foundational element, ensuring optimal hydration and supporting cellular function for sustained mental acuity.

**B Complex/Pabrinex**: Vital blend of B vitamins, amplifying brain health, cognitive function, and overall energy production.

Vitamin C: An antioxidant powerhouse, supporting immune function and enhancing brain health.

Taurine: Boosts cognitive performance, aiding in mental focus and clarity during demanding tasks.

**Glutamine**: Supports neurotransmitter function, optimising mental performance and aiding in overall cognitive health.

**Tyrosine**: Enhances dopamine production, promoting alertness, focus, and stress management. **B12**: Essential for nerve function and energy metabolism, vital for sustained cognitive performance.

**Curcumin/Resveratrol**: A blend of potent antioxidants, supporting brain health, reducing inflammation, and aiding in neuroprotection.

For those seeking an elevated cognitive edge and heightened mental performance, the "Focus Formula" offers optional Nootropics, meticulously calibrated to amplify mental acuity and optimise cognitive function.

**Cerebrolysin**: Promotes neuronal health and cognitive enhancement, supporting memory, and overall brain function.

**Mildronate**: Enhances mental stamina and endurance, optimising oxygen utilisation for sustained cognitive performance.

**Piracetam**: Known for cognitive enhancement, aiding in improved focus, mental clarity, and cognitive function.

**Actovegin:** Boosts cellular energy metabolism and oxygen utilisation, supporting cognitive endurance and mental sharpness.

**Spermidine**: Promotes cellular health and longevity, optimising brain function and enhancing overall cognitive vitality.



# **Mood Regulator**

In Clinic: from £150 | Concierge: from £250

Enter the realm of enhanced mental prowess with our bespoke "Cognitive Enhancement IV." Crafted to elevate focus, mental clarity, and cognitive function, this infusion stands as a powerhouse, meticulously designed to ignite your mind's potential.

The "Cognitive Enhancement" infusion is a meticulously crafted elixir, a catalyst for unlocking your mental acuity and precision. Whether navigating complex tasks or seeking heightened mental performance, this infusion is your gateway to enhanced cognitive clarity and focus.

#### Key Components for Mood Stabalisation:

**Saline**: Laying the foundation with optimal hydration, essential for cellular function and emotional balance.

**B Complex/Pabrinex**: A vital blend of B vitamins promoting emotional resilience, mood stability, and overall well-being.

**Glutamine**: Supporting neurotransmitter function, optimising emotional balance, and aiding in overall mental health.

Tyrosine: Enhancing dopamine production, fostering a positive mood and stress management.

**Phenylalanine**: Precursor to neurotransmitters, supporting emotional well-being and cognitive function.

Lysine: Supports serotonin production, aiding in stress reduction and mood regulation.

For those seeking an elevated cognitive edge and heightened mental performance, the "Focus Formula" offers optional Nootropics, meticulously calibrated to amplify mental acuity and optimise cognitive function.

**Cerebrolysin**: Supports neuronal health, fostering emotional resilience, and cognitive enhancement, promoting emotional balance.

**Piracetam**: Known for cognitive enhancement, aiding in improved mental clarity and cognitive function, reinforcing emotional stability.

**Curcumin/Resveratrol:** A blend of potent antioxidants, supporting emotional well-being by reducing inflammation and aiding in stress reduction.



#### Neuro-Protection

In Clinic: from £175 | Concierge: from £300

Fortify Your Neurological Resilience, Nurture Your Brain: Experience the nurturing embrace of our specialised "Neuroprotection". Meticulously crafted, a fortified elixir shielding your brain's vitality and resilience. Whether safeguarding against neurological decline or seeking to fortify cognitive health, this infusion serves as a guardian for your brain's well-being.

#### Key Components for Brain Optimisation & Performance:

**Saline**: The foundational element, ensuring optimal hydration crucial for cellular function and neurological health.

**B Complex/Pabrinex**: A vital amalgamation of B vitamins, supporting nerve health and overall brain function.

**Magnesium**: Crucial for neuronal function and neuroprotection, minimizing neurological disorders and enhancing brain health.

**Vitamin C**: An antioxidant powerhouse, safeguarding against oxidative stress, crucial for brain health. **Selenium**: A potent antioxidant, promoting neuroprotection and shielding against neurodegenerative processes.

Zinc: Supports cognitive function, aiding in memory and overall brain health.

Arginine: Enhances blood flow to the brain, promoting optimal brain function and neuroprotection.

**Glutamine**: Supports neurotransmitter function, aiding in overall brain health and cognitive function.

Taurine: Boosts neurological development and function, crucial for neuroprotection.

Tryptophan: Precursor to serotonin, supporting mood and overall neurological health.

B12: Vital for nerve function and energy metabolism, promoting neurological resilience.

For those seeking an elevated cognitive edge and heightened mental performance, the "Focus Formula IV" offers optional Nootropics, meticulously calibrated to amplify mental acuity and optimise cognitive function.

For individuals seeking heightened neurological fortification and cognitive support, the "Neuroprotection" offers optional Nootropics, meticulously selected to bolster brain health and resilience.

**Cerebrolysin**: Supports neuronal health, aiding in cognitive enhancement and promoting neuroprotection against decline.

**Piracetam**: Known for cognitive enhancement, improving memory, and supporting overall brain function.

Mildronate: Enhances cerebral metabolism, aiding in neuroprotection and promoting cognitive vitality.

Actovegin: Boosts cellular energy metabolism, supporting neuronal health and cognitive function.

**Quercetin**: A potent antioxidant, supporting brain health, and aiding in neuroprotection against oxidative stress.

**Spermidine**: Promotes cellular health and longevity, aiding in neuroprotection and supporting overall cognitive vitality.

**NAD+**: Crucial for cellular energy production and neurological health, supporting brain function and resilience.



#### Detox

In Clinic: from £200 | Concierge: from £250

Revitalise Your System, Embrace Purification: Welcome to the realm of rejuvenation with our specialised "Detox IV." Meticulously crafted to cleanse and rejuvenate, this infusion serves as a catalyst for your body's purification and revitalization - a beacon for your body's renewal and purification.

#### Key Components for Maximal Detoxification:

**Saline**: The cornerstone, ensuring thorough hydration, vital for flushing toxins and supporting overall bodily function.

**B** Complex/Pabrinex: A vital blend of B vitamins, aiding in detoxification and bolstering liver function.

**Vitamin C**: An antioxidant powerhouse, crucial for neutralising free radicals and aiding in comprehensive detoxification.

**Glutamine**: Supports gut health, aiding in the repair of the intestinal lining and facilitating detoxification processes.

Selenium: A potent antioxidant, supporting liver health and aiding in detoxification.

**Ornithine**: Assists in ammonia detoxification, promoting liver health and aiding in overall detox processes.

Glycine: Supports liver health and aids in the detoxification of harmful substances.

**Methionine**: Aids in the breakdown of fats, supporting liver function and detoxification. **Glutathione**: Master antioxidant, crucial for detoxification and overall cellular health.

Taurine: Supports liver function and detoxification processes.

Lysine: Aids in liver health and supports overall detoxification processes.

B12: Essential for energy production and liver health, supporting detoxification processes.

Magnesium: Supports detoxification pathways and overall cellular function.

Zinc: Cornerstone guardian fortifying defences and bolstering resilience.

For those seeking additional support in detoxification and overall revitalization, the "Detox" offers optional additives and supplementary components, meticulously selected to further enhance the detox process and bolster systemic health.

**Spermidine**: Promotes cellular health and longevity, aiding in detoxification and revitalization at a cellular level.

**Quercetin**: Potent antioxidant, aiding in detoxification, and supporting the body's natural cleansing processes.

**ALA (Alpha-Lipoic Acid):** A potent antioxidant, supporting liver health and aiding in detoxification processes.

**Curcumin**: Resveratrol: Blend of potent antioxidants, aiding in reducing inflammation and supporting overall detoxification.

**NAD+**: Crucial for cellular energy production and detoxification, supporting overall systemic detoxification processes.



#### **Gut Health**

In Clinic: from £250 | Concierge: from £300

Step into the realm of rejuvenation with our specialised "Detox," meticulously crafted to cleanse and revitalise. This infusion serves as a catalyst for your body's purification, ushering in renewal and invigoration—a beacon guiding your system toward revitalization and purification.

#### Key Components for Gut Health Optimisation:

**Saline**: At the core lies saline—a fundamental element ensuring thorough hydration, vital for flushing toxins and sustaining overall bodily function.

**B Complex**: Essential blend of B vitamins supporting gut health and overall well-being. Magnesium (500mg - 1g): Aids in gut health and supports various bodily functions.

**Zinc**: Plays a role in gut integrity and supports immune function. **Arginine**: Supports gut lining integrity and aids in cellular repair. **Carnitine**: Assists in energy production and supports gut health.

Ornithine: Aids in ammonia detoxification, supporting liver health and gut function.

Glutamine: Crucial for gut lining repair and overall gut health.

**Glycine**: Supports liver health and aids in the detoxification of harmful substances.

**Taurine**: Supports gut function and overall health. **Valine**: Supports gut health and aids in tissue repair.

Methionine: Supports detoxification pathways and gut function.

Vitamin C: Potent antioxidant aiding in gut healing and immune support.

B12: Essential for energy production and gut health.

Glutathione: Master antioxidant supporting gut health and overall cellular function.

For heightened effectiveness, this infusion can be enhanced with Curcumin: Resveratrol- providing additional support for gut inflammation and overall gut well-being.

**Curcumin**: Known for its potent anti-inflammatory properties, curcumin aids in reducing inflammation in the gut, promoting gut health, and supporting overall well-being.

**Resveratrol**: A powerful antioxidant found in red grapes, Resveratrol aids in protecting gut cells from damage, supporting the gut lining, and contributing to improved gut health.



# **Immunity Booster**

In Clinic: from £175 | Concierge: from £250

Welcome to our Immunity Booster—the pinnacle of fortification and defence. This specialised blend, meticulously formulated, stands as a bastion for bolstering your body's immune system—an elixir crafted to enhance resilience and vitality.

#### Key Components for Immunity Enhancement:

**Saline**: The foundation of thorough hydration, an elemental force vital for optimal bodily function, ensuring a robust start to fortify your immunity.

B Complex: Essential blend of B vitamins supporting immune health and overall well-being.

**Ketorolac**: Provides pain relief and acts as an anti-inflammatory agent, aiding in managing discomfort during acute illness.

Vitamin C: Potent antioxidant fortifying immune response and resilience.

Selenium: Reinforces immune function and aids in combating acute illness.

Zinc: Essential for immune cell function, fortifying the body's defense system.

Carnitine: Assists in energy production and supports immune health.

**Glutamine**: Crucial for immune function and aids in combating acute illness. **Methionine**: Supports immune pathways and overall immune function.

Glutathione: Master antioxidant boosting immune function and cellular health.

For those seeking additional reinforcement in their immunity journey, our Immunity Booster presents optional supplementary nootropics, meticulously chosen to augment immune resilience and overall vitality.

**Stronger Neo-Minophagen C**: This potent addition amplifies your body's immune response, fortifying its ability to counter threats and supporting cognitive vitality during the immunity-boosting process.

**Mildronate**: A cutting-edge nootropic infusion aimed at supporting cognitive function and mental acuity, providing an added cognitive boost while fortifying your body's immune defences.

**ALA (Alpha-Lipoic Acid)**: Included to enhance immunity, ALA acts as a robust antioxidant, contributing to cellular rejuvenation and further fortifying your body's natural defence mechanisms.



### Cardiovascular Protocol

In Clinic: from £220 | Concierge: from £275

Introducing our Cardiovascular Protocol—an expertly curated infusion designed to fortify heart health and bolster overall cardiovascular function. Carefully blended components aim to support your cardiovascular system, promoting vitality and well-being from within.

#### Key Components for Optimal Cardiovascular Health:

**Saline**: Essential for hydration and foundational for the infusion process, supporting optimal bodily function and aiding in the delivery of vital components for cardiovascular support.

Vitamin C: Potent antioxidant supporting heart health and overall cardiovascular function.

Magnesium: Supports cardiovascular health and various bodily functions.

B12: Essential for cardiovascular health and overall well-being.

B Complex: Vital blend of B vitamins supporting heart health and overall wellness.

Carnitine: Assists in energy production and supports cardiovascular function.

**Glycine**: Supports heart health and aids in overall cardiovascular function. **Zinc**: Aids in supporting cardiovascular health and immune function.

**Taurine:** Supports cardiovascular function and overall heart health.

Piracetam: Supports cognitive function and overall cardiovascular health.

Glutathione: Potent antioxidant supporting cardiovascular health and cellular function.

Additional nootropics below serve as supplementary components, enhancing cognitive function and supporting brain health, providing an extra layer of support for mental acuity and overall cognitive vitality.

**Stronger neo-Minophagen C**: Reinforces cognitive function and vitality, promoting mental acuity and overall brain health.

**Quercetin**: Supports cognitive function and brain health, contributing to improved mental clarity and focus.

**NAC (N-Acetylcysteine)**: Aids in cognitive function and mental well-being, supporting overall brain health.

**Spermidine**: Enhances cognitive vitality and supports brain health, contributing to improved cognitive function and overall well-being.

**COQ10 IM**: Supports brain health and cognitive function, contributing to improved mental clarity and vitality.



#### Hair, Skin & Nails

In Clinic: from £225 | Concierge: from £300

An expertly blended infusion meticulously crafted to nourish and enhance the health of your hair, skin, and nails from within. Carefully selected components aim to support and revitalise these vital elements of external beauty and well-being.

Key Components for optimal hair, skin and nail foundations:

Saline: Foundation for hydration, vital for overall bodily function and supporting the infusion process. Methionine: Supports the health of hair, skin, and nails, contributing to their strength and vitality. Glutathione: Master antioxidant supporting skin health, aiding in cellular repair and rejuvenation. Vitamin C: Potent antioxidant crucial for collagen production, promoting skin elasticity and overall

Zinc: Supports skin health and aids in the maintenance of hair and nails.

Ornithine: Supports the regeneration of skin and hair cells, aiding in their renewal and vitality. B Complex: Vital blend of B vitamins supporting skin health, hair growth, and nail strength.

Glycine: Supports collagen production, promoting skin elasticity and health. Carnitine: Assists in energy production for healthy hair, skin, and nail growth. Glutamine: Aids in skin repair and regeneration, supporting overall skin health. Lysine: Supports collagen production, contributing to skin elasticity and strength. Methionine: Essential amino acid aiding in the health and vitality of hair, skin, and nails.

Glucosamine: Supports joint health, contributing indirectly to overall skin health and strength.

# Morning Recovery

In Clinic: from £125 | Concierge: from £200

Introducing our Morning Recovery -an infusion designed to alleviate the effects of a hangover and save your day. This thoughtfully crafted infusion aims to alleviate the symptoms of a hangover by replenishing fluids, vital nutrients, and antioxidants, promoting a quicker recovery and revitalization.

#### Key components for enhanced energy:

Saline: Foundation for hydration, aiding in flushing out toxins and replenishing essential fluids.

B Complex: Vital blend of B vitamins supporting recovery and replenishment.

Magnesium: Aids in relaxation and supports overall recovery.

Zinc: Supports immune function and helps in replenishing essential nutrients.

Glutathione: Master antioxidant aiding in detoxification and supporting overall recovery.



# Bone, Joint & Strength

In Clinic: from £150 | Concierge: from £225

Introducing our Bone, Joint, and Strength Protocol —an infusion thoughtfully composed to fortify bone health and joint strength, featuring a carefully selected blend of essential components.

Key components for joint strength and recovery enhancement:

Lysine: Supports collagen production, crucial for bone strength and joint health.

B Complex: Vital blend of B vitamins promoting bone health and overall well-being.

B6: Essential for bone metabolism and overall bone health.

Magnesium: Supports bone density and overall bone health.

Vitamin C: Crucial for collagen production, promoting joint strength and bone health.

Zinc: Supports bone formation and overall bone health.

Methionine: Supports bone strength and contributes to overall bone health.

Introducing additional nootropic options for enhanced cognitive function and brain health, meticulously selected to complement our offerings:

**Stronger Neo-Minophagen C**: Reinforces cognitive function, promoting mental acuity and overall brain health.

**Mildronate**: Aids in cognitive enhancement, supporting mental clarity and cognitive performance. **Glucosamine**: Supports cognitive health and brain function, contributing to overall mental wellbeing.

**Spermidine**: Enhances cognitive vitality and supports brain health, promoting improved cognitive function.

Curcumin: Supports brain health, aiding in cognitive function and mental well-being.

#### Skin Glow

In Clinic: from £150 | Concierge: from £200

Introducing our Skin Glow –an infusion meticulously crafted to enhance skin radiance and promote a vibrant complexion.

Core components for tacking unwanted and uneven pigmentation:

**Saline**: Foundation for hydration, aiding in skin hydration and overall revitalization. **Glutathione High Dose**: Master antioxidant promoting skin brightening and aiding in cellular repair.

# **Energy Booster**

In Clinic: from £150 | Concierge: from £225

Introducing our Energy Booster —an infusion thoughtfully designed to revitalise and energise, featuring a meticulously crafted blend of essential components. This infusion aims to replenish and boost energy levels, providing crucial elements vital for energy production and overall vitality.

#### Key components for enhanced energy:

**Saline:** Foundation for optimal hydration, providing essential groundwork for energy production and overall vitality.

B Complex: Vital blend of B vitamins supporting energy production and overall vitality. Magnesium:

Essential for energy metabolism and overall bodily function.

**Vitamin C:** Potent antioxidant vital for energy production and overall vitality. **Carnitine**: Supports energy production and aids in cellular energy metabolism. **Glutamine**: Aids in energy production and supports overall cellular function.

Taurine: Supports energy levels and overall vitality.

Lysine: Aids in energy production and supports overall energy metabolism.

Introducing additional nootropic options for enhanced cognitive function and brain health, carefully selected to complement our Energy Booster. These additional nootropic options, combined with energising components, aim to further boost cognitive function, support brain health, and promote overall vitality.

**Stronger Neo-Minophagen C**: Reinforces cognitive function, promoting mental acuity and overall brain health.

**Mildronate**: Aids in cognitive enhancement, supporting mental clarity and cognitive performance. **Glucosamine**: Supports cognitive health and brain function, contributing to overall mental well-being.

**Spermidine**: Enhances cognitive vitality and supports brain health, promoting improved cognitive function.

Curcumin: Supports brain health, aiding in cognitive function and mental well-being.

# Frequent Fliers

In Clinic: from £120 | Concierge: from £175

Introducing our Frequent Fliers—a specialised infusion tailored for jet lag recovery. This tailored infusion aims to alleviate jet lag symptoms by replenishing essential nutrients, promoting hydration, and supporting overall recovery after travel.

Key components for tacking unwanted and uneven pigmentation:

Saline: Essential hydration aiding in the replenishment of fluids after travel.

**B Complex**: Vital blend of B vitamins supporting recovery and overall revitalization.

Vitamin C: Potent antioxidant aiding in immune support and overall recovery.

B12: Essential for energy production and overall recovery after travel.

Magnesium: Aids in relaxation and supports overall recovery.

Glutathione: Master antioxidant aiding in detoxification and supporting overall recovery.

# Methylene Blue

In Clinic: from £400 | Concierge: from £500

Embark on a journey of rejuvenation with our Methylene Blue infusion, a distinctive solution designed to elevate cognitive function and invigorate overall vitality.

Methylene Blue, a versatile compound with multifaceted benefits, has gained recognition for its potential in enhancing mental acuity, combating fatigue, and supporting mitochondrial health. This infusion, meticulously crafted and administered by our proficient team, delivers the restorative power of Methylene Blue directly into your system. Known for its neuroprotective properties and potential in enhancing mitochondrial function, this infusion serves as a catalyst for cognitive clarity, focus, and overall energy.

At the forefront of innovation, our Methylene Blue infusion offers a holistic approach to revitalising mental acuity and fortifying your vitality. Embrace the transformational benefits of this infusion as it empowers your journey toward optimal cognitive performance and enhanced overall well-being.

# **Anti-Ageing Protocol**

In Clinic: from £275 | Concierge: from £350 Anti-Ageing Advanced: £500 in clinic, £650 Concierge

This comprehensive infusion aims to promote overall rejuvenation, combat signs of ageing, and support vitality from within, offering a holistic approach to anti-ageing and wellness. A unique and one of its kind composition of vitamins, minerals and coenzymes.

Key components to support vitality and combat signs and symptoms of ageing:

**B Complex**: Essential blend of B vitamins supporting overall rejuvenation.

Vitamin C: Potent antioxidant crucial for collagen synthesis and skin rejuvenation.

Selenium: Supports skin health and overall anti-ageing properties.

Arginine: Amino acid aiding in collagen production and overall skin health.

Carnitine: Supports energy production and cellular rejuvenation.

Taurine: Antioxidant supporting cellular health and anti-ageing properties.

Valine: Amino acid promoting tissue repair and muscle health.

Phenylamine: Supports mood and cognitive function.

Tyrosine: Precursor to neurotransmitters supporting brain health and mood.

Lysine: Supports collagen production and overall skin health.

Methionine: Amino acid aiding in skin health and cellular rejuvenation.

**B12**: Essential for energy production and overall cellular health. **Magnesium**: Supports cellular function and overall rejuvenation.

Zinc: Supports immune function and skin health.

Glutathione: Powerful antioxidant crucial for detoxification and overall cellular health.

These supplementary nootropics and revitalising components aim to further enhance cognitive function, support cellular health, and promote overall wellness and rejuvenation.

Stronger Neo-Minophagen C: Supports cognitive function and overall rejuvenation.

Cerebrolysin: Aids in cognitive enhancement and brain health.

**Spermidine**: Supports cellular health and longevity, promoting overall vitality.

Epitalon: A peptide supporting cellular rejuvenation and overall wellness.

Quercetin: Antioxidant aiding in cellular health and overall vitality.

**ALA**: Supports antioxidant activity and overall cellular health. Plus, additional revitalising components:

Curcumin:Resveratrol: Antioxidant blend supporting cellular health and overall wellness.

NAD+: Vital for cellular energy production and overall vitality.

COQ10: Supports cellular energy production and overall rejuvenation.

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#### NAD +

#### In Clinic: from £250 | Concierge: from £350

Unlock your body's potential for revitalization and rejuvenation with our NAD+ IV Therapy. Delve into a transformative experience designed to invigorate your cellular health and enhance your overall vitality.

At our clinic, we offer an exclusive NAD+ IV Therapy, harnessing the power of this coenzyme to revitalise your cellular energy production. NAD+ serves as a key player in essential biological processes, fostering DNA repair, optimising mitochondrial function, and facilitating cellular energy production.

Our therapy aims to capitalise on these benefits, offering a pathway to increased energy, improved cellular health, and potential longevity. With our experienced team and advanced infusion techniques, our NAD+ IV Therapy is tailored to support your wellness journey. Experience the rejuvenating effects as NAD+ infuses your system, unlocking a renewed sense of vitality and supporting your body's natural repair mechanisms. Discover the transformative potential of NAD+ IV Therapy at our clinic—a holistic approach to wellness and vitality, paving the way for increased energy, cellular rejuvenation, and a revitalised sense of well-being.

#### **Benefits of NAD:**

Enhanced Cellular Energy: NAD+ plays a vital role in ATP production, boosting cellular energy and vitality.

DNA Repair: Supports DNA repair mechanisms, promoting cellular integrity and potential longevity.

Mitochondrial Health: Optimises mitochondrial function, crucial for energy production and overall cellular health.

Reduction of Oxidative Stress: Participates in antioxidant defence, reducing free radicals and oxidative damage.

Metabolic Regulation: Helps regulate metabolic pathways, contributing to balanced metabolism. Vitality and Rejuvenation: Contributes to increased energy levels, cellular rejuvenation, and overall wellness.



### Curcumin: Resveratrol Infusion

In Clinic: from £200 | Concierge: from £250

Step into the realm of wellness with our Curcumin:Resveratrol IV Therapy—an offering designed to explore the combined potential of these renowned compounds. Within our clinic, we introduce a fusion of Curcumin and Resveratrol, harnessing their potential benefits for your well-being.

This therapy brings forth a unique combination of health attributes:

**Curcumin's Potent Properties:** Curcumin, an active component in turmeric, is celebrated for its antiinflammatory and antioxidant properties. It holds promise in supporting joint health, immune function, and overall vitality.

**Resveratrol Vitality Boos**t: Resveratrol, found in red grapes and berries, boasts antioxidant prowess and potential cardiovascular benefits. It may contribute to heart health and support overall cellular well-being.

Together, this combination offers a potential synergy—addressing inflammation, supporting heart health, and potentially bolstering overall vitality. Experience the potential fusion of Curcumin and Resveratrol through our IV Therapy, exploring the combined benefits of these renowned compounds in promoting wellness.

#### Iron Infusion

In Clinic: from £350 | Concierge: from £450

Revitalise your vitality with our IV Iron Infusion, a transformative solution to combat fatigue and fortify your body's energy reserves.

Crafted to replenish iron levels swiftly and efficiently, this infusion serves as a catalyst for rejuvenation, offering a holistic approach to reinvigorating your overall well-being. Iron, an essential mineral, plays a pivotal role in energy production and the oxygen-carrying capacity of red blood cells. Depletion of iron levels can lead to fatigue, weakness, and diminished vitality. Our specialised IV Iron Infusion, administered by skilled professionals, delivers a potent dose of iron directly into your system, swiftly replenishing depleted stores.

This infusion, a beacon of revitalization, seeks to restore your energy levels and improve your overall quality of life. Embrace the restoration of your vitality with our IV Iron Infusion, an investment in your enduring wellness.



## ALA - Alpha Lipoic Acid Protocol

In Clinic: from £250 | Concierge: from £250

Experience the revitalising power of Alpha-Lipoic Acid (ALA) IV Therapy at our clinic. ALA, a powerful antioxidant naturally produced in the body, plays a crucial role in cellular energy production and combating oxidative stress. Our ALA IV Therapy aims to leverage these benefits, offering a rejuvenating experience to support your well-being.

Available as a course of 6, administered weekly In Clinic: £1000 Concierge: £1500

This therapy unveils a tapestry of benefits, offering a shield against the trials of oxidative stress. ALA stands as a guardian, preserving cellular integrity by neutralising free radicals, fostering a sanctuary of vitality within. Energising your very core, ALA orchestrates a symphony of cellular vigour, infusing each essence with renewed vitality and verve.

Its unique prowess extends beyond, amplifying the resilience of other antioxidants, fortifying your body's innate defence mechanisms. In this intricate dance of wellness, ALA's subtle melody hints at metabolic harmony. Research whispers of its potential to stabilise blood sugar levels, offering solace to those navigating the delicate balance of metabolic well-being. Journeying deeper, ALA emerges as a steward of neurological vitality, nurturing nerve cells and potentially illuminating pathways to cognitive well-being.

Its whispers echo through the chambers of skin health, bestowing a luminous aura, countering the signs of time with a youthful glow. Allow our ALA IV Therapy to escort you through this odyssey of rejuvenation—a transformative experience nurturing vitality from within, painting a portrait of holistic well-being.

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